

Fillings:

- 1- Do not eat on your new filling for one hour and until your numbness is gone.
- 2- If you are supervising children who had fillings done, make sure they don't bite on their numb lips or tongue (it can cause serious injury to their soft tissue).
- 3- Do not bite hard or chew on silver Amalgam fillings for 24 hours.
- 4- You may experience cold and heat sensitivity and some soreness on your gum, this usually subsides in few days.
- 5- Call our office if you experience pain or discomfort for more than a few days after the fillings, or if you have any questions.